## **AUGUST 2023 AQUATICS SCHEDULE**

LANES FOR LAP SWIMMING ARE ON A FIRST COME FIRST SERVE BASIS. DURING THESE PROGRAMS LISTED BELOW THERE MAY BE
LIMITED OR NO LANES AVAILABLE. LANES ARE RESERVED ONLY FOR SMAC & WATER SAFETY/LIFEGUARD COURSES & WILL BE BLOCKED
OFF ACCORDINGLY. MASTERS SWIM IS SELF-LED & FIRST AVAILABILITY. SHARING A LANE IS ENCOURAGED DURING PEAK SWIM TIMES. IF
YOU HAVE QUESTIONS, PLEASE CONTACT THE AQUATICS SUPERVISOR.

| MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY                                   | SATURDAY                                 |
|---|--|---|--|--|--|
| 7:00AM-8:00AM<br>LANES 1-8 OPEN                     | 7:00AM-8:00AM<br>LANES 1-8 OPEN                              | 7:00AM-8:00AM<br>LANES 1-8 OPEN                     | 7:00AM-8:00AM<br>LANES 1-8 OPEN                              | 7:00AM-8:00AM<br>LANES 1-8 OPEN          | 8:00AM-11:00AM<br>SMAC<br>Lanes 7&8 Open |
| 8:00AM-10:00AM<br>SMAC<br>2-3 Lanes Open            | 8:00AM-10:00AM<br>SMAC<br>2-3 Lanes Open                     | 8:00AM-10:00AM<br>SMAC<br>2-3 Lanes Open            | 8:00AM-10:00AM<br>SMAC<br>2-3 Lanes Open                     | 8:00AM-10:00AM<br>SMAC<br>2-3 Lanes Open | 11:00AM-3:30PM<br>LANES 1-8 OPEN         |
| 9:00AM-9:45AM  DEEP WATER  AEROBICS  LANES 4-6 OPEN | 9:00AM-9:45AM<br>Aqua Aerobics<br>Lanes 4-6 Open             | 9:00AM-9:45AM  DEEP WATER  AEROBICS  LANES 4-6 OPEN | 9:00AM-9:45AM<br>Aqua Aerobics<br>Lanes 4-6 Open             |  |  |
| 10:00AM-10:45AM AQUA MOTION LANES 4-6 OPEN          | 9:30AM-11:00AM  Master's Swim  Lanes first come  first serve | 10:00AM-10:45AM AQUA MOTION LANES 4-6 OPEN          | 9:30AM-11:00AM  Master's Swim  Lanes first come  first serve |  |  |
|   | 10:00AM-10:45AM<br>SILVER SNEAKER<br>SPLASH                  |   | 10:00AM-10:45AM<br>SILVER SNEAKER<br>SPLASH                  |  |  |
| 11:00AM-4:00PM<br>LANES 1-8 OPEN                    | 11:00AM-4:00PM<br>LANES 1-8 OPEN                             | 11:00AM-4:00PM<br>LANES 1-8 OPEN                    | 11:00AM-6:30PM<br>LANES 1-8 OPEN                             | 10:00AM-6:30PM<br>LANES 1-8 OPEN         |  |
| 3:15PM-6:30PM<br>SMAC<br>Lanes 7&8 Open             | 3:15PM-6:30PM<br>SMAC<br>Lanes 7&8 Open                      | 3:15PM-6:30PM<br>SMAC<br>Lanes 7&8 Open             | 3:15PM-6:30PM<br>SMAC<br>Lanes 7&8 Open                      | 3:15PM-6:30PM<br>SMAC<br>Lanes 7&8 Open  |  |
| Waterpark<br>11:00AM-3:30PM                         | Waterpark<br>Closed  | Waterpark<br>11:00AM-3:30PM                         | Waterpark<br>Closed  | Waterpark<br>11:00AM-6:30PM              | Waterpark<br>Closed                      |