

Town of Waynesville, NC Board of Aldermen – Regular Meeting

Town Hall, 9 South Main Street, Waynesville, NC 28786

Date: **October 13, 2015** Time: **6:30 p.m.**

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(828) 452-2491

gowens@waynesvillenc.gov

A. CALL TO ORDER - Mayor Gavin Brown

1. Welcome/Calendar/Announcements
2. Adoption of Minutes

Motion: To approve the minutes of the September 22, 2015 regular meeting and September 22, 2015 closed session, as presented [or as corrected].

B. PRESENTATION

3. Pavement Condition Survey for the Town of Waynesville
John Fersner, PE, US Infrastructure
David Foster, Public Services Director
Daryl Hannah, Streets Superintendent

C. NEW BUSINESS

4. Award of Bid for Fitness Equipment for Recreation Center

Motion: To award the bid for the purchase of Recreation Equipment in the amount of \$ 134,638.27 to the lowest, responsible, responsive bidder, Wellness Solutions of Gastonia.

5. Street and Sidewalk Closures:

- a. Thriller Dance – October 31, 2015 – sidewalk closure in front of Old Tyme Music art piece at North Main and Miller from 5:00 p.m. to 7:00 p.m.
- b. Folkmoot Fundraiser – November 1, 2015 – requesting closure of Miller Street Parking Area for a Pumpkin Smashing via catapult from 11:00 a.m. to 5:00 p.m.

TOWN OF WAYNESVILLE – REGULAR SESSION AGENDA

October 13, 2015

- 2 -

- c. 2016 Annual Martin Luther King, Jr. Prayer Walk – January 16, 2016 – requesting rolling street closure of Main Street and Pigeon Streets (and cross street traffic) on Saturday, January 16, 2016 at 11:00 am for the annual Martin Luther King, Jr. Memorial Prayer Walk

Motion: *To approve the requested street and sidewalk closures, as presented.*

6. Resolution Honoring Maggie Valley Mayor Ron DeSimone

D. COMMUNICATIONS FROM STAFF

7. Town Manager – Marcy Onieal
- 10 Calvary Street
 - Chestnut Park
 - Junaluska Annexation Memorandum Update
 - Electric Contracts
 - Nov/Dec Board Agendas

8. Town Attorney – Woody Griffin

E. COMMUNICATIONS FROM MAYOR & BOARD OF ALDERMEN

F. CALL ON THE AUDIENCE

G. ADJOURN



TOWN OF WAYNESVILLE

PO Box 100
 16 South Main Street
 Waynesville, NC 28786
 Phone (828) 452-2491 • Fax (828) 456-2000
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CALENDAR October 13, 2015

2015	
Sat, Oct 10 10:00 AM – 5:00 PM Church Street	32 nd Annual Church Street Art and Craft Show Street Closure – Church Street
Sat, Oct 10 4:00 – 5:00 PM Green Hill Cemetery	Green Hill Cemetery Tour – CANCELLED (Inclement Weather) Hosted by Waynesville Historic Preservation Commission
Tues, Oct 13 6:30 PM Board Room, 9 S. Main	Board of Aldermen Meeting – Regular Session
Su-Tu, Oct 11-13	NCLM Annual Conference: City Vision 2015 Winston-Salem
Wed, Oct 14 5:00 PM 627 N. Main Street	REACH Annual Meeting & Open House at REACH office
Sat, Oct 17 10:00 AM – 5:00 PM Main Street	27 th Annual Apple Harvest Festival – Chamber of Commerce Street Closure – Main Street
Sat, Oct 17 4:00 – 5:00 PM (tentative) Green Hill Cemetery	Green Hill Cemetery Tour – RESCHEDULED (Tentative) Hosted by Waynesville Historic Preservation Commission
Thu, Oct 22 8:30 AM 63 Elmwood Way, Suite A	One Stop Voting Begins – Municipal Elections Haywood County Board of Elections
Fri, Oct 23 6:00 PM Wells Event Center	7 TH Annual Arctoberfest Fundraiser for ARC of Haywood (RSVP for Town Table – 8 tix available)
Tues, Oct 27 6:30 PM Board Room, 9 S. Main	Board of Aldermen Meeting – Regular Session
Mon, Oct 26 5:30 PM Waynesville – location TBD	Haywood County Council of Governments (COG) meeting Town of Waynesville Hosting
Sat, Oct 31 1:00 PM 63 Elmwood Way, Suite A	One Stop Voting Ends – Municipal Elections, Haywood County
Sat, Oct 31 5:00 PM – 7:00 PM Main Street	Treats on the Street – Downtown Waynesville Merchants

Sat, Oct 31 8:00 PM – Midnight Folkmoot Friendship Center	Spookmoot Halloween Fling & Costume Party Fundraiser for Folkmoot (ticketed event/RSVP to Manager if you wish to go)
Sun, Nov 1 1:00 – 4:00 PM Miller Street	Smashing Pumpkins Folkmoot Fundraiser
Tue, Nov 3 6:30 AM – 7:30 PM	Election Day – Haywood County Municipal Elections (All municipal precincts)
We-Sa, Nov 4-7	National League of Cities Annual Congress of Cities & Exposition Nashville, TN
Fri, Nov 6 5:00 PM – 9:00 PM Main Street & Frog Level	Art After Dark – Waynesville Gallery Association
Tues, Nov 10 11:00 AM 63 Elmwood Way, Suite A	Canvass of Election – Haywood County Board of Elections
Tue, Nov 10 6:30 PM Board Room, 9 S. Main	Board of Aldermen Meeting – Regular Session
Wed, Nov 11	Veterans Day Holiday Town Offices Closed
Mon, Nov 23 6:30 PM Location TBD	Southwestern Commission Region A Regular Meeting
Tue, Nov 24 6:30 PM Board Room, 9 S. Main	Board of Aldermen Meeting – Regular Session
Thur – Fri, Nov 26-27	Thanksgiving Holiday Town Offices Closed
Th-Fr, Dec 3-11 One-Day Training Workshops Locations TBD	NCLM New Mayors' Orientation Training One Day Workshops - Various locations across the state
Fr-Mo, Dec 4-7 Downtown Waynesville	Holly Days Seasonal Events in Downtown Waynesville throughout the weekend, beginning with Art after Dark on Friday evening, culminating with the Holiday Parade on Monday evening
Fri, Dec 4 5:00 PM – 9:00 PM Main Street & Frog Level	Art After Dark – Waynesville Gallery Association
Mon, Dec 7 6:00 PM Main Street	Waynesville Christmas Parade – Downtown Waynesville Association sponsored event Street Closure – Main Street
Tues, Dec 8 6:30 PM Board Room, 9 S. Main	Board of Aldermen Meeting – ORGANIZATIONAL MEETING
Sat, Dec 12 6:00 PM – 9:00 PM Main Street	A Night Before Christmas – Downtown Waynesville Association sponsored event

Su-Th, Dec 13-24	Twelve Days of Christmas – Downtown Waynesville Association Holiday Sales & Event Promotions
Tues, Dec 22 6:30 PM Board Room, 9 S. Main	Board of Aldermen Meeting – Regular Session
We – Fri, Dec 23-25	Christmas Holiday Town Offices Closed

2016

Fri, Jan 1	New Years Day Holiday Town Offices Closed
Fr-Sa, Jan 8-9 2 full days Hickory, NC	Essentials of Municipal Government, sponsored jointly by the NC League of Municipalities & UNC School of Government Training for Newly Elected Officials – various locations
Mon, Jan 18	Martin Luther King Jr Holiday Town Offices Closed
We-Th, Jan 20-21 2 full days Chapel Hill, NC	Essentials of Municipal Government, sponsored jointly by the NC League of Municipalities & UNC School of Government Training for Newly Elected Officials – various locations
Mon, Jan 25 6:30 PM Location TBD	Southwestern Commission Board Meeting
Fr-Sa, Jan 29-30 (tent) All Day Location TBD	Board of Alderman Orientation & Planning Retreat – Tentative
Tu-We, Feb 9-10 2 full days Sunset Beach, NC	Essentials of Municipal Government, sponsored jointly by the NC League of Municipalities & UNC School of Government Training for Newly Elected Officials – various locations
We-Th, Feb 17-18 2 full days Asheville, NC	Essentials of Municipal Government, sponsored jointly by the NC League of Municipalities & UNC School of Government Training for Newly Elected Officials – various locations
Mon, Feb 22 5:30 PM Location TBD	Haywood COG – Canton Hosting
Fr-Sa, Mar 4-5 2 full days New Bern, NC	Essentials of Municipal Government, sponsored jointly by the NC League of Municipalities & UNC School of Government Training for Newly Elected Officials – various locations
We-Fr, Mar 16-18	NC Main Street Conference Goldsboro, NC
Fri, Mar 25	Good Friday Holiday Town Offices Closed
Mon, Mar 28 6:30 PM Location TBD	Southwestern Commission Board Meeting

Mon, Apr 25 5:30 PM Location TBD	Haywood COG – Clyde Hosting
Wed, May 18 10:00 AM to Noon Webinar	Ethics for Local Elected Officials – required for all newly elected and re-elected officials
Mon, May 23 6:30 PM Location TBD	Southwestern Commission Board Meeting
Mon, May 30	Memorial Day Holiday Town Offices Closed
Mon, Jun 27 5:30 PM Location TBD	Haywood COG – Haywood County Hosting
Mon, Jul 4	Independence Day Holiday Town Offices Closed
Fri, Jul 29 6:30 PM Location TBD	Southwestern Commission Annual Dinner
Mon, Aug 22 5:30 PM Location TBD	Haywood COG – Maggie Valley Hosting
Mon, Sep 5	Labor Day Holiday Town Offices Closed
Mon, Sep 26 6:30 PM Location TBD	Southwestern Commission Board Meeting
Mon, Oct 24 5:30 PM Location TBD	Haywood COG – Waynesville Hosting
Fri, Nov 11	Veterans' Day Holiday Town Offices Closed
Th-Fr, Nov 24-25	Thanksgiving Holiday Town Offices Closed
Mon, Nov 28 6:30 PM Location TBD	Southwestern Commission Board Meeting
Fr-Tu, Dec 23, 26-27	Christmas Holiday Town Offices Closed

Board and Commission Meetings – October/November 2015

ABC Board	ABC Office – 52 Dayco Drive	October 20 3 rd Tuesdays 10:00 AM
Board of Adjustment	Town Hall – 9 S. Main Street	November 3 1 st Tuesdays 5:30 PM
Community Action Forum	Police Department Training Room – 9 S. Main Street	Meets as needed; <i>No meeting currently scheduled</i>
Downtown Waynesville Association	UCB Board Room – 165 North Main	October 22 4 th Thursdays 12 Noon
Firefighter's Relief Fund Board	Fire Station 1 – 1022 N. Main Street	Meets as needed; <i>No meeting currently scheduled</i>
Historic Preservation Commission	Town Hall – 9 S. Main Street	November 4 1 st Wednesdays 2:00 PM
Planning Board	Town Hall – 9 S. Main Street	October 19 3 rd Mondays 5:30 PM
Public Art Commission	Town Hall – 9 S. Main Street	November 12 2 nd Thursdays 4:00 PM
Recreation & Parks Advisory Commission	Rec Center Office – 550 Vance Street	October 20 3 rd Tuesdays 5:30 PM
Waynesville Housing Authority	Waynesville Towers – 65 Church Street	November 4 1 st Wednesdays 5:30 PM

BOARD/STAFF SCHEDULE

Su – Tu, Oct 11-13	Mayor & Aldermen Manager & Clerk	NCLM Annual Conference: CityVision 2015 Winston – Salem, NC
Sa-Sa, Oct 17-24 Mon, Jan 4	Town Manager	Vacation
Sa – Sa, Jan 16-23	Town Clerk	Vacation
We-Fr, Feb 3-5, 2016	Town Manager	NCCCMA Manager's Continuing Ed - Winter Seminar
Th-Sa, Jun 23-25, 2016	Town Manager	NCCCMA Manager's Continuing Ed - Summer Seminar

REACH OF HAYWOOD COUNTY

You are cordially invited to

REACH's Annual Meeting & Open House

DATE: Wednesday October 14, 2015

TIME: 5:00 p.m.

LOCATION: REACH Office

627 N. Main St. (next to The Print Haus)
Waynesville, NC 28786

*Please join us for a reception for our
community partners and volunteers while
celebrating October as National
Domestic Violence Awareness Month.*

(Light refreshments will be served)

RSVP 456-7898 by October 10th

*"Serving the needs of domestic violence and
sexual assault victims in Haywood County"*

MINUTES OF THE TOWN OF WAYNESVILLE BOARD OF ALDERMEN
REGULAR MEETING
September 22, 2015

THE WAYNESVILLE BOARD OF ALDERMEN held a regular meeting on Tuesday, September 22, 2015 at 6:30 p.m. in the board room of Town Hall, 9 South Main Street, Waynesville, NC.

A. CALL TO ORDER

Mayor Brown called the meeting to order at 6:30 p.m. with the following members present:

Mayor Gavin Brown
Alderman Gary Caldwell
Alderman Julia Freeman
Alderman J. Wells Greeley
Alderman LeRoy Roberson

The following staff members were present:

Marcy Onieal, Town Manager
Woodrow Griffin, Town Attorney
Amie Owens, Town Clerk
Elizabeth Teague, Development Services Director
David Foster, Public Services Director
Preston Gregg, Town Engineer
James Rhinehart, Electric Superintendent
Josh Crawford, Electric Services
Jay Entwistle, Electric Services
David Hyatt, Electric Services
Travis Ledford, Electric Services
Wesley Warren, Electric Services

The following media representatives were present:

Mary Ann Enloe, The Mountaineer
Becky Johnson, Smoky Mountain News

1. Welcome /Calendar/Announcements

Mayor Gavin Brown welcomed everyone to the meeting.

Mayor Brown asked Manager Onieal to update regarding calendar events. Manager Onieal called attention to several upcoming events including:

- September 25 – 27 – Cycle NC Mountains to Coast ride. Manager Onieal will discuss in more detail at the end of the meeting. The kick-off/welcome from dignitaries is at 7:00 p.m. and Senator Davis, Representative Joe Sam Queen and Mayor Brown are slated to speak at the ceremony.

- September 27 – Drugs in Our Midst prayer walk – 2 p.m. downtown area
- October 10 – Greenhill Cemetery tour with participants dressed in period costumes and providing biographical information about famous individuals who are buried at Greenhill.

Manager Onieal reminded members of the Boards and Commissions appreciation luncheon on September 29. The police civilian volunteers will also be honored at this time. She added that the candidate forum is also on September 29 and that the location has been changed to the Historic Courthouse.

Mayor Brown thanked the police civilian volunteers for their daily service as well as for the fantastic job they did at the Western Regional Recovery Event at Lake Junaluska on September 19, 2015.

2. Adoption of Minutes

Alderman Caldwell made a motion, seconded by Alderman Roberson, to approve the minutes of the September 8, 2015 regular meeting, as presented. The motion carried unanimously.

3. Proclamations

a. Public Power Week – October 4 – 10, 2015

Mayor Brown read aloud and presented the Electric Services Department with the Proclamation honoring Public Power Week October 4 – 10, 2015. Mayor Brown provided a brief history of public power in Waynesville saying it started in 1905 first on Smathers Street. The current electric service division is comprised of six individuals who keep the power on for approximately 3,000 customers. Mayor Brown thanked the Electric Services Division for their dedication, expertise and service to Waynesville. James Rhinehart, Electric Superintendent, received the proclamation and introduced the members of the Electric division.

B. NEW BUSINESS

4. Budget Amendment to fund a study and application for Greenhill Cemetery to the National Register of Historic Places (request of Waynesville Historic Preservation Commission)

Elizabeth Teague, Development Services Director, and Sandra Owen, Historic Preservation Commission Chair brought forth a request from Historic Preservation Commission (HPC) regarding possibly adding Greenhill Cemetery to the National Register of Historic Places. The HPC is requesting funding to pay for the study and development of an application. Ms. Owen noted that Greenhill is a gem of a place, that is beautiful, well-kept and there are several historical figures buried there. It is as if you are walking through history and feeling the past. She added that because of the statutory art of W.O. Wolfe, there is much heritage and interest in this designation. Ms. Owen thanked the board for their interest and participation in the Greenhill Cemetery tour on October 10 from 4 – 5 p.m. This tour is open to the public and members will read scripts as several of the famous characters. The cost

estimate for this application is \$5,700 and would require an amendment to the FY 15-16 approved budget.

Mayor Brown commented that there were a couple of other cemeteries on this list in the area, including Riverside Cemetery in Asheville. Ms. Teague explained that in addition to the federal registry Riverside was also designated a local historic landmark, which restricted how it could be maintained. She added that the federal registry designation would be honorary only, and would not trigger any change in the way that public services staff care for the cemetery and nor would there be any regulation or oversight by outside agencies. Ms. Owen noted that there would be an article in the paper about the cemetery and the tour which will serve to highlight this amazing place.

Mayor Brown noted that while he was in town on the previous Saturday, a visitor was looking for Commandant Mundy's grave; this is the kind of thing that brings people here. He added that he appreciated the letter from the NC Department of Cultural Resources encouraging the Historic Preservation Commission to resubmit an application.

Alderman Greeley added that he was aware that upkeep of cemeteries can be a drain; however the upside is that there is a piece of history that cannot be replicated, duplicated or replaced. In his opinion, applying for this designation was a no brainer and he wholeheartedly supported the budget amendment and application.

Alderman Greeley made a motion, seconded by Alderman Roberson, to approve budget amendment (O-08-15) for the purpose of conducting a study and making application to the National Register of Historic Places for Greenhill Cemetery at a cost not to exceed \$5,700, as presented. The motion carried unanimously.

5. NCDOT Project Agreement for Brown Avenue Realignment – Project U-5548 (Agreement ID # 5948)

David Foster, Public Services Director, reported that discussion of this project first began approximately 8 years ago, as a joint project between the school and the town. It has now been listed as a funded project as part of the Transportation Improvement Program. Authorization is required in order to proceed with the implementation, design and construction of the Brown Avenue realignment project. Mr. Foster indicated that the initial cost estimate for the project was \$550,000 with a required match of \$110,000. Mr. Foster has presented the information to the School Board and to the Building and Grounds Committee and received an initial motion and verbal agreement to partner with the town and provide half of the match funding. He explained that he will have to go back to school board after the final numbers are received. The plan is to move Brown Avenue closer to the railroad and essentially flipflop the parking lot and Brown Avenue so children do not have to cross street when getting off busses.

Mayor Brown noted that safety consideration for the children should be the priority, a project such as this may be seen as pricey, but safety is the key. Mayor Brown inquired about the intersection and any changes to it below the school. Mr. Foster noted that he has asked the NCDOT to utilize Town of Waynesville crews as a cost saving measure. Mayor Brown added that this change should not impact the citizens as the speed limits would remain the same on that street. Alderman Caldwell commented that making this change was definitely warranted and made sense.

Alderman Caldwell made a motion, seconded by Alderman Freeman, to approve the contract and matching funds for the Brown Avenue Realignment Project Agreement ID # 5948, as presented. The motion carried unanimously.

6. Appointment to Waynesville Public Art Commission

Mayor Brown noted that George Kenney had applied for the vacant position on the Waynesville Public Art Commission for a three-year term ending on June 30, 2018.

Ms. Owens indicated that all of the positions on all of the Boards and Commissions for the town had been filled except for one vacancy on the Historic Preservation Commission.

Alderman Greeley made a motion, seconded by Alderman Roberson to appoint George Kenney to the Waynesville Public Art Commission for a three-year term ending on June 30, 2018, as presented. The motion carried unanimously.

C. COMMUNICATIONS FROM STAFF

7. Town Manager – Marcy Onieal

Mountains to Coast Cycling Event – September 25 - 27

Manager Onieal distributed some additional informational items about the Cycle NC Mountains to Coast event this weekend. Multiple signs will be posted alerting drivers to delays on the roads due to cyclists. As the town has not hosted an event quite this large, there has been much preparation and effort put in to planning and implementation. Partners for this event have been the DWA, TDA, Chamber of Commerce, NC Amateur Sports, Bicycle Haywood and countless number of town staff. Manager Onieal noted that many of the participants will be camping on the grounds of the Rec Center. She included a site map for the various activity areas including registration, shower trucks, catering services, and vendors for the board members. Staff at the welcome tent will encourage participants to travel in and about in town; businesses in the downtown area have been encouraged to stay open later.

Manager Onieal added that the riders will leave town on Sunday morning between 7:00 a.m. and 9:00 a.m. at their leisure. The route will be highway 276 to Hendersonville. The average distance per day is 60 to 100 miles and the trip culminates in Oak Island. Manager Onieal explained that some riders would leave their cars in the parking deck in designated areas. Manager Onieal explained the role of all departments involved with this event including: code enforcement to ensure that set up will be safe, Electric division, EMS and Fire Department first responders will be at the Rec Center; Police will be on bicycles providing security and intersection control. Recreation Staff and Haywood Public Transit will provide shuttle service for riders dropping off to hotels and to the downtown. Public services will provide continuous services, including trash pick up. Manager Onieal reported that these rides have a festival atmosphere and entertainment is being provided all day Saturday. The goal is to have the participants and families come back to Waynesville in the future. Planning for this event began in June 2015 when the town was selected as the host city.

Disc Golf Relocation

Manager Onieal explained that relocation of the disc golf course is being considered due to intensive and sometimes conflicting uses of the recreation center's main track & field area. The town is currently leasing property adjacent to the greenway in the Hazelwood (Dutch Fisher Field) park area which would allow for relocation of the course and possibly decrease vagrancy issues in that park.

Alderman Greeley asked how many individuals currently utilize the disc golf course. Manager Onieal responded that there are a tremendous number who use the course; people do come from all over WNC. Manager Onieal explained that moving the disc golf course would allow for separation of the activities at the Rec Center fields and provide a better use of the space in Hazelwood. She added that there is already an agreement to maintain the area as a natural urban park and disc golf and walking trails fit this description perfectly.

Hazelwood Parking Lot/WPAC Art Project Update

Manager Onieal noted that there have been requests for improvements to the Armory, Frog Level and Hazelwood lots. The town has been looking at ways to improve the lots and develop long term arrangements with property owners. A concept plan for the Hazelwood lot has been developed which dovetails with Chris Forga's plans and active discussion regarding a cooperative arrangement is occurring. Projected budgetary changes are from \$60,000 to \$150,000 via a capital improvement plan. Manager Onieal explained that the town would want to negotiate some cost sharing with a long term lease. Also, the Waynesville Public Art Commission would be putting in a mini-park with public art via a permanent easement as part of the lease agreement.

Manager Onieal explained that she did not want to get too far into negotiations with Ms. Forga without bringing this to the board's attention. The WPAC will present their plans to the board for this long term project and begin raising money for the public art piece which will be about the Plott Hound. Manager Onieal thanked the Public Art Commission for their efforts. She noted that the current year's budget did not have funds budgeted for parking lot improvements, but that she clearly understood the board's desire to address these business areas when the opportunities present themselves. Work in the current year would require a budget amendment if the board wishes to proceed in a partnership on the Hazelwood lot. The mayor noted that the board did support this effort and directed the manager to proceed with negotiations with Ms. Forga.

Main Street Fall Décor Proposal

Manager Onieal reported that the DWA had received a request for a change in décor for fall in downtown. This is not something that the DWA staff is planning to do, but rather the merchants have asked to decorate the light poles in a fall motif including cornhusks, ribbon, greenery, leaves. Manager Onieal clarified that the merchants are not asking the town for any funds, but seeking the blessing of the town. The merchants will do all of the work which will be a unified look and will have them down before the Christmas decorations go up. Manager Onieal explained that this will mean a bit of clean up, and that DWA and Town had received requests for this type décor before, but that it had been discouraged by DWA staff because they were not in position to manage fall decorations systematically the way they do Christmas. The actual decorating would be done as a service project by the Tuscola High School cheerleaders.

Mayor Brown added that Brandon Green does this on South Main Street as a single merchant. Manager Onieal commented that if the merchants of Frog Level or Hazelwood wished to participate, they would be encouraged to do so. Again, the request is mainly to get the blessing from the town.

8. Town Attorney – Woody Griffin

Attorney Griffin had no business to discuss.

D. COMMUNICATIONS FROM MAYOR & BOARD OF ALDERMEN

The Board members had no other business to discuss.

E. CALL ON THE AUDIENCE

No one addressed the board.

F. CLOSED SESSION

Alderman Caldwell made a motion, seconded by Alderman Greeley, to enter into closed session, as permitted by NCGS § 143-318.11(a)(2), for the purpose of preventing premature disclosure of an honorary recognition. The motion carried unanimously.

The board entered into closed session at 7:10 p.m.

The board returned from closed session at 7:43 p.m.

H. ADJOURN

There being no further business to discuss, Alderman Caldwell made a motion, seconded by Alderman Greeley, to adjourn the meeting at 7:45 p.m. The motion carried unanimously.

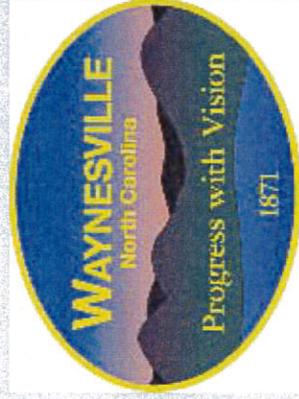
ATTEST

Gavin A. Brown, Mayor

Marcia D. Onieal, Town Manager

Town of Waynesville

2015 Pavement Condition Survey



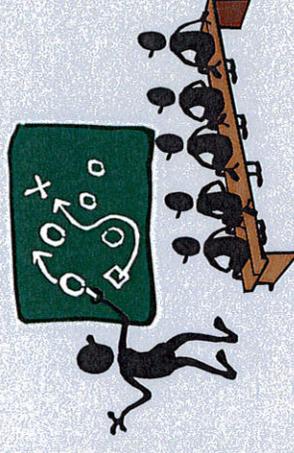
BOARD OF ALDERMEN MEETING
OCTOBER 13, 2015

John Fersner, PE



Introduction

1. Waynesville maintains 86 miles of roads
2. USI finished the survey in August 2015
3. Data Collection
 - Eight Common Pavement Surface Distresses Observed
 - Additional Attributes
4. Post Data Collection
 - PCR Developed
 - Maintenance Activities Recommended



Roadway Assets

AASHTO's Rough Roads Ahead

- USA Roadways - \$1.75 Trillion
- 4,000,000 miles of roadways
- \$437,500/mile
- Assuming an average pavement width of 24'
 - Roadway Value ~ \$31/SY
- Waynesville's streets – 1,042,937 SY
- Roadway assets – \$32 million

ROUGH
ROADS
AHEAD

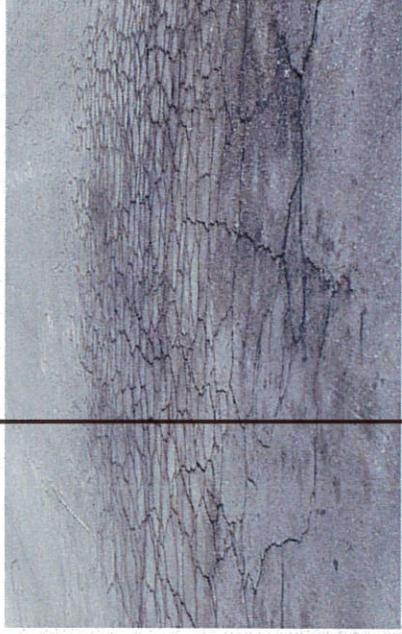


FIX THEM NOW OR
PAY FOR IT LATER

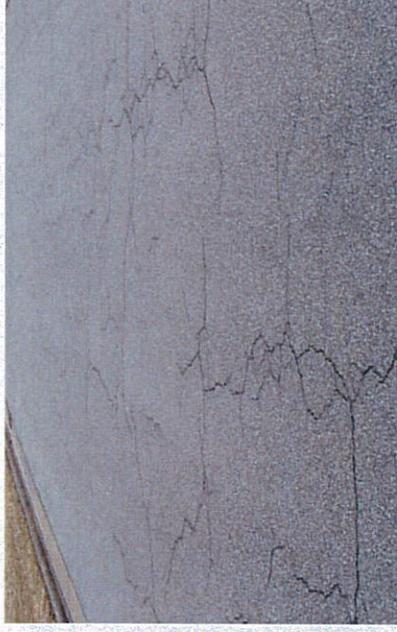
AASHTO
TRIP

2009 AASHTO Publication

Data Collection – Pavement Distresses



Alligator Cracking



Block Cracking



Reflective Cracking



Raveling

Data Collection – Pavement Distresses



Rutting



Patching



Bleeding



Ride Quality

Table 7

Deduct Values

PAVEMENT DISTRESS	SEVERITY				
	None (N)	Light (L)	Moderate (M)	Severe (S)	
Alligator Cracking (AL, AM, AS) (Multiplied by percent)	0	25	60	99	
Block/Trans Cracking (BK)	0	5	20	35	
Reflective Cracking (RF)	0	5	10	20	
Rutting (RT)	0	5	15	25	
Raveling (RV)	0	5	25	35	
Bleeding (BL)	0	5	15	25	
Ride Quality (RQ)	-	0	10	25	
Patching (PA)	0	5	10	15	

As an example, presume a street segment has the following pavement distresses: 20% Light Alligator Cracking (AL), Moderate Rutting (RT), Light Patching (PA), and no other pavement distresses. The Pavement Condition Rating would be:

$$\begin{aligned} \text{PCR} &= 100 - (\text{AL}) - (\text{RT}) - (\text{PA}) \\ \text{PCR} &= 100 - (0.2 \times 25) - (15) - (5) = 75 \end{aligned}$$

Findings

1. PCR = 84.3
2. NC Municipality Average = 80.0
3. Street System is in “Good” condition
4. PCR is slightly above average
5. 43.6% of street system needs maintenance or resurfacing; state average is 47%

Figure 2 - Average PCR Comparison by Survey Year

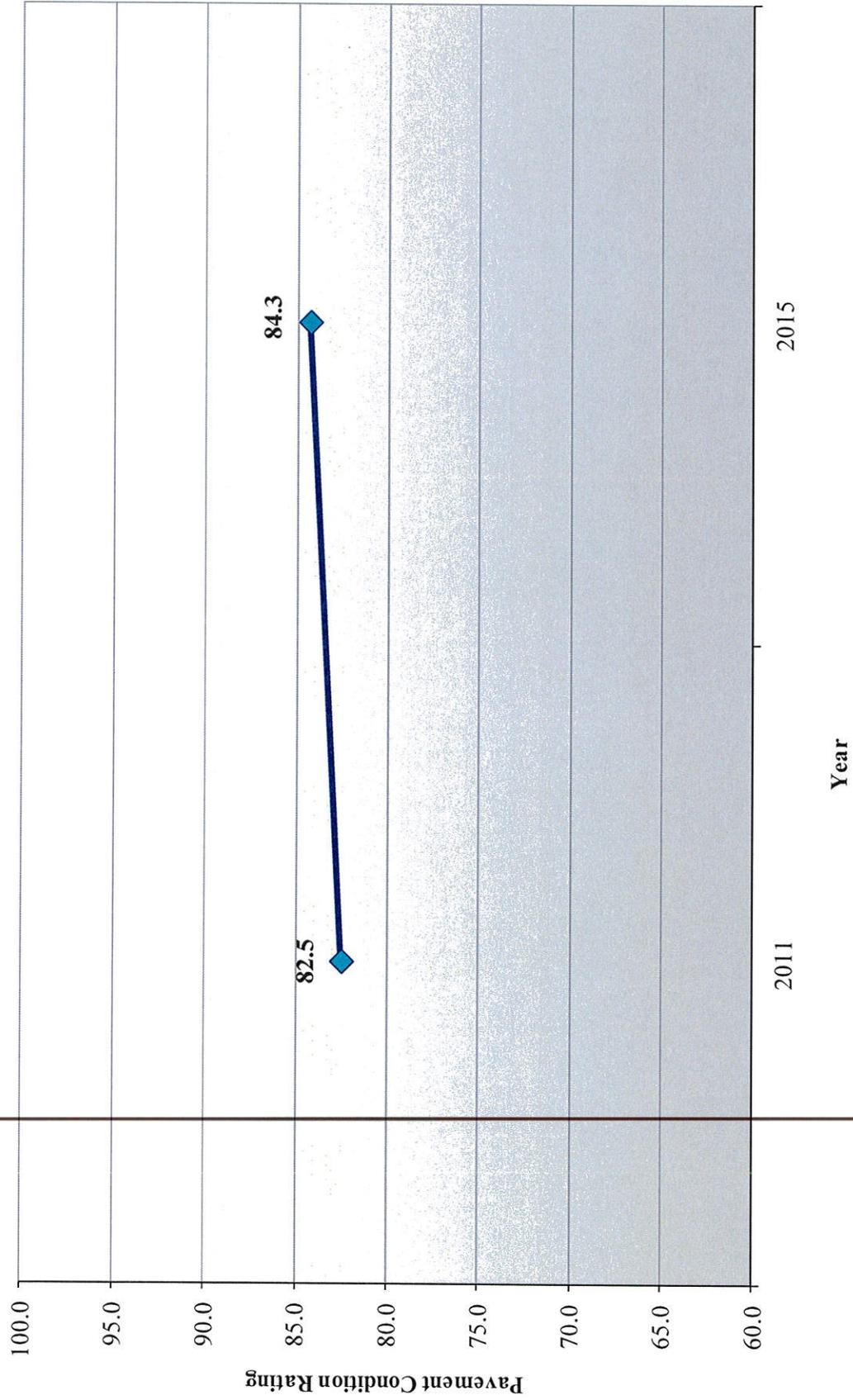
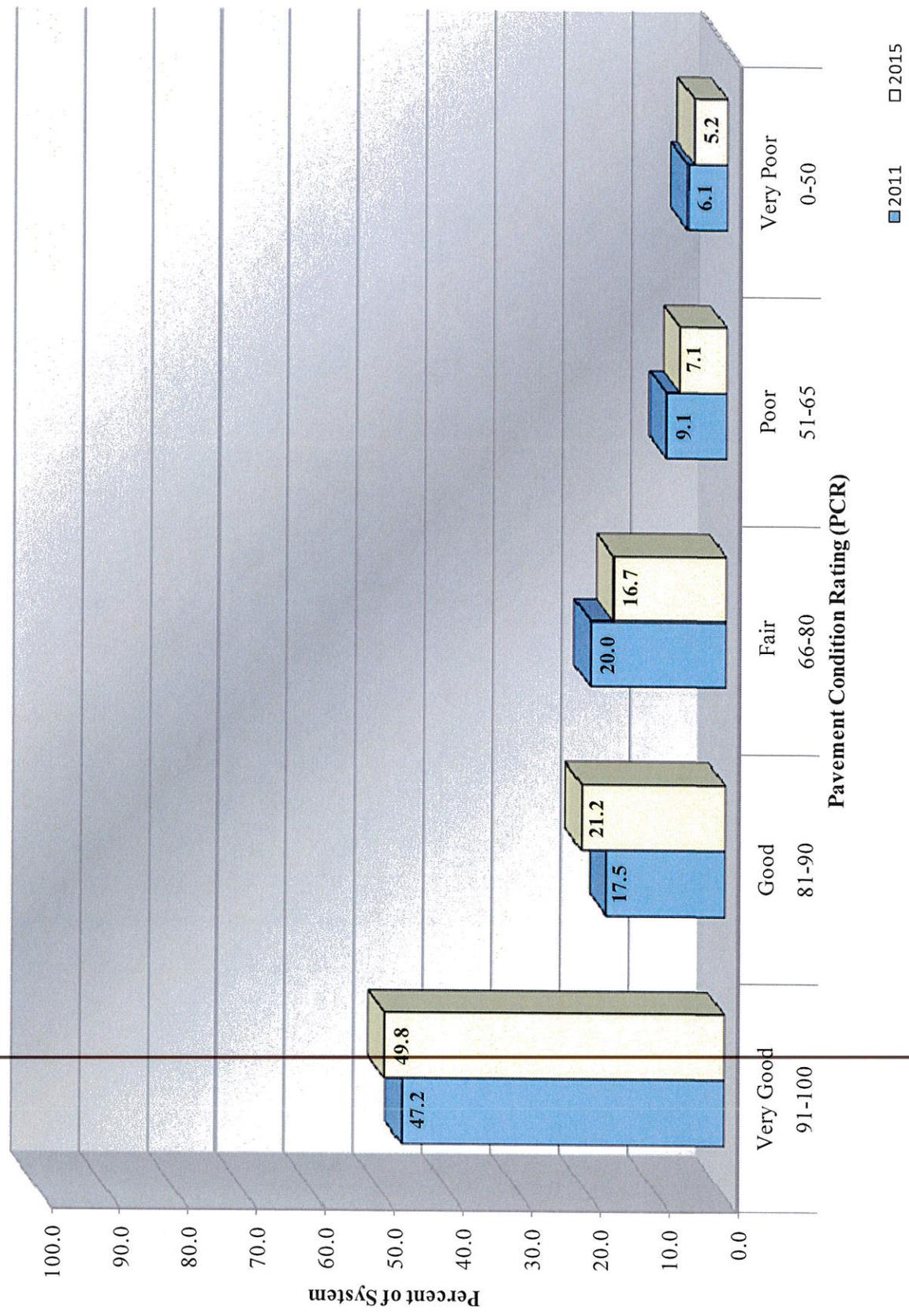
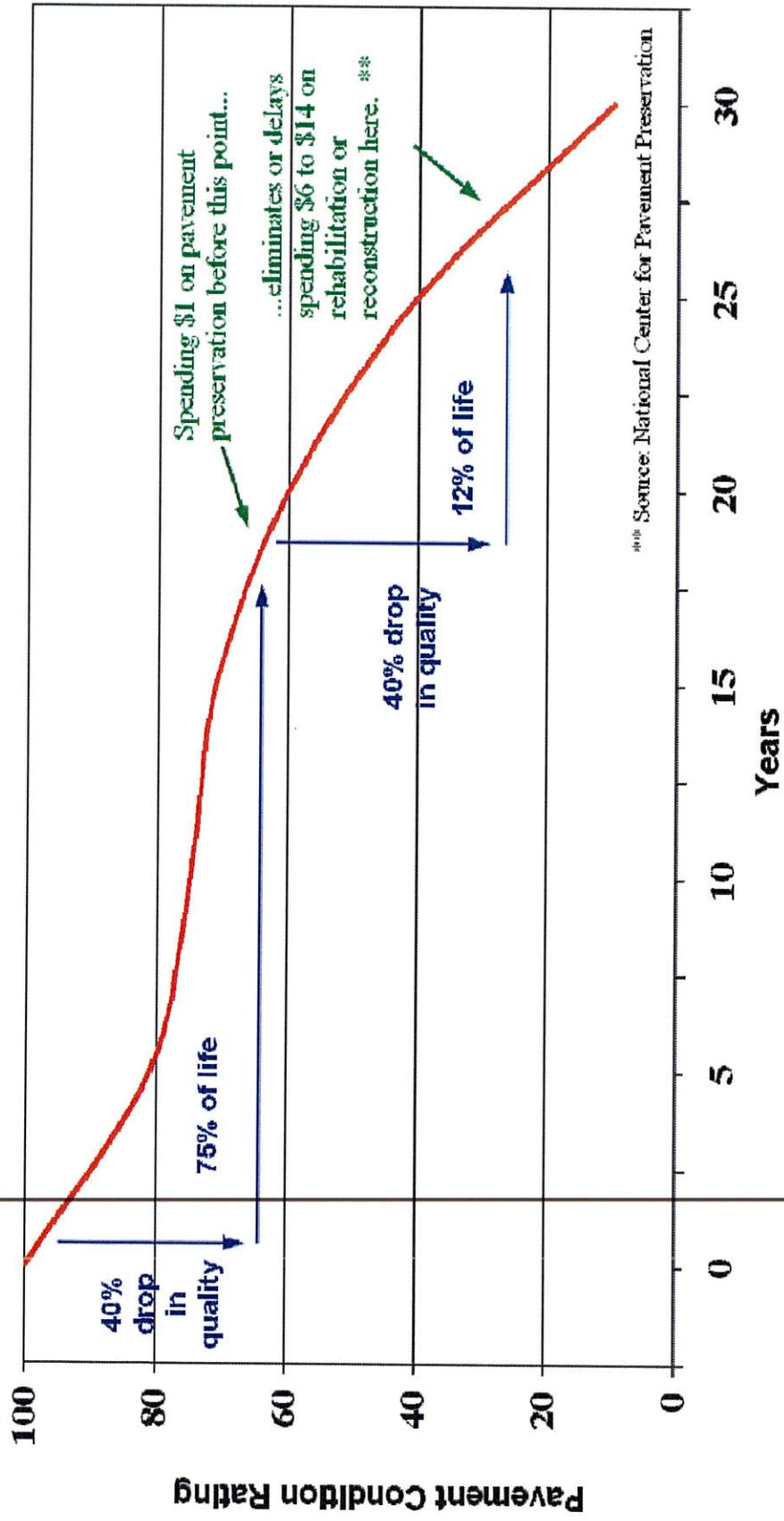


Figure 1 - Breakdown of Streets into PCR Categories for 2011 - 2015



Typical Pavement Deterioration Curve



Source: National Center for Pavement Preservation

Proactive vs. Reactive Pavement Maintenance Program

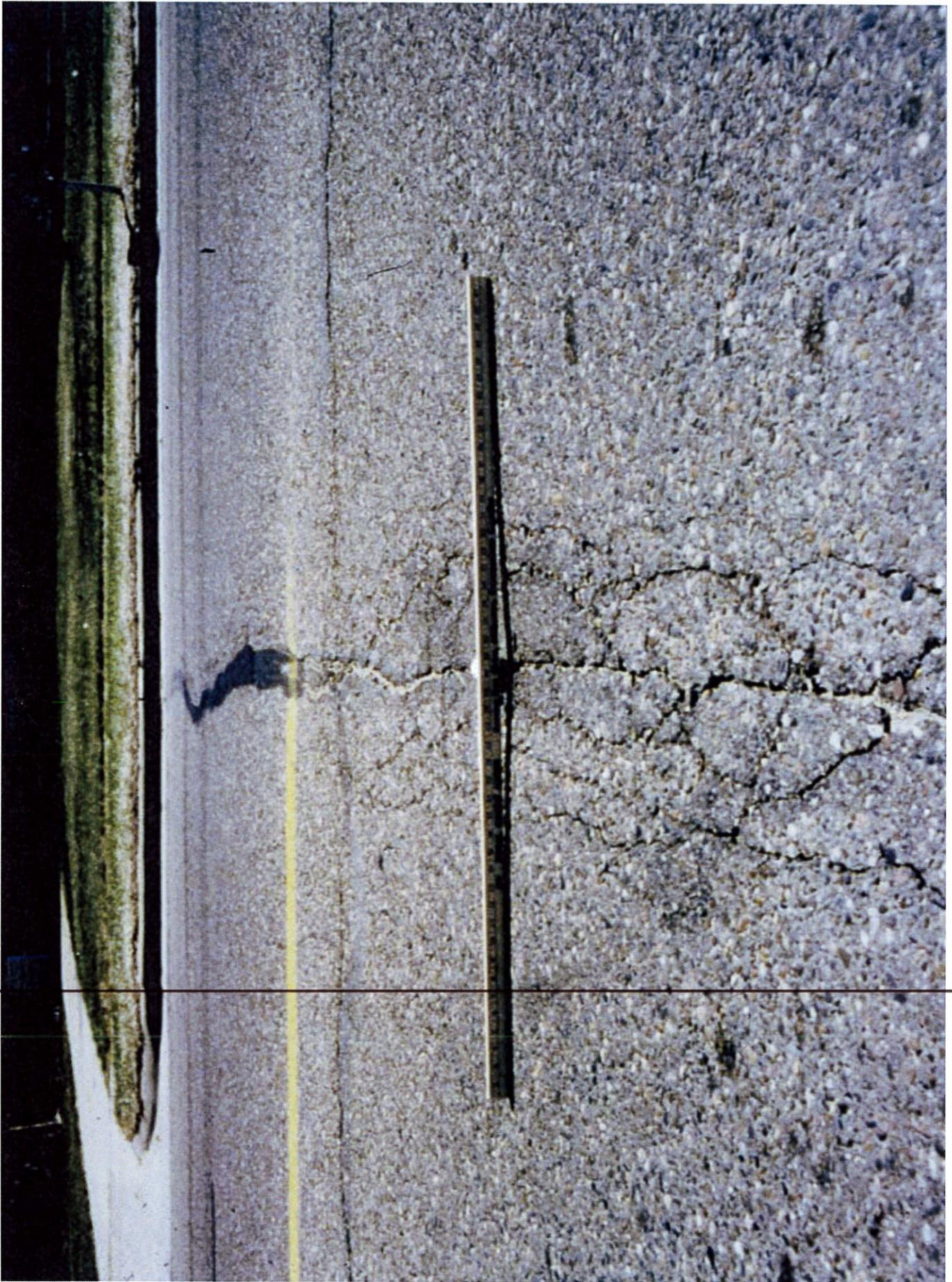


Table 8 Maintenance Activities

PAVEMENT DISTRESS	LOW VOLUME STREETS			HIGH VOLUME STREETS		
	Light (L)	Moderate (M)	Severe (S)	Light (L)	Moderate (M)	Severe (S)
Alligator Cracking (AL, AM, AS)	None	4' Wide Skin Patch	4' Wide Full-Depth Patch	None	8' Wide Skin Patch	8' Wide Full-Depth Patch
Block/Transverse Cracking (BK)	None	Crack Sealing	1" PM Resurfacing and BST Seal	None	Crack Sealing	1" PM Resurfacing and BST Seal
Reflective Cracking (RF)	None	Crack Sealing	Joint Repair	None	1" PM Resurfacing	Joint Repair
Rutting (RT)	None	None	1" PM Resurfacing	None	Short Overlay	1.5" PM Resurfacing
Raveling (RV)	None	1" PM Resurfacing	1" PM Resurfacing	None	1" PM Resurfacing	1" PM Resurfacing
Bleeding (BL)	None	None	1" PM Resurfacing	None	None	1" PM Resurfacing
Ride Quality (RQ)	None	None	1" PM Resurfacing	None	None	1" PM Resurfacing
Patching (PA)	None	None	Short Overlay	None	None	1" PM Resurfacing

Unit Costs

Table 10
Unit Costs for Maintenance Activities

ACTIVITY	COST (PER SQUARE YARD)
Crack Sealing	\$0.65
Skin Patching	\$15.00
Joint Repair	\$0.85
Full-Depth Patch (4" Depth)	\$43.20
Short Overlay	\$5.60
1" Plant Mix Resurfacing	\$5.60
1.5" Plant Mix Resurfacing	\$8.40
2" Plant Mix Resurfacing	\$11.20
BST Seal (<i>also known as chip seal</i>)	\$2.50

Table 11
Summary Table of Suggested Primary
Maintenance Activities for Rated Streets

PRIMARY ACTIVITY	MILES LO VOL	COST LO VOL	MILES HI VOL	COST HI VOL	TOTAL MILES	% MILES	TOTAL COST	COST/ MILE	% COST
Crack Sealing	2.13	\$18,183	1.97	\$21,045	4.10	4.7	\$39,228	\$9,568	3.0
Skin Patching	8.29	\$81,324	0.71	\$14,805	9.00	10.4	\$96,129	\$10,681	7.4
Joint Repair	0.00	\$0	0.00	\$0	0.00	0.0	\$0	\$0	0.0
Full-Depth Patching	20.21	\$705,088	0.53	\$31,741	20.73	24.0	\$736,829	\$35,544	56.8
Short Overlay	1.22	\$52,662	0.00	\$0	1.22	1.4	\$52,662	\$43,166	4.1
RM* Total	31.84	\$857,257	3.21	\$67,591	35.05	40.6	\$924,848	\$26,387	71.3
1" PM	0.54	\$82,243	0.47	\$51,215	1.01	1.2	\$133,458	\$132,137	10.3
1" PM and BST Seal	0.76	\$122,461	0.85	\$117,124	1.61	1.9	\$239,585	\$148,811	18.5
1.5" PM	0.00	\$0	0.00	\$0	0.00	0.0	\$0	\$0	0.0
2" PM	0.00	\$0	0.00	\$0	0.00	0.0	\$0	\$0	0.0
Resurface Total	1.30	\$204,704	1.32	\$168,339	2.62	3.0	\$373,043	\$142,383	28.7
Total Repair	33.14	\$1,061,961	4.53	\$235,930	37.68	43.6	\$1,297,891	\$34,445	100.0
No Repair	40.98	\$0	7.70	\$0	48.68	56.4	\$0	\$0	0.0
Total System	74.12	\$1,061,961	12.24	\$235,930	86.35	100.0	\$1,297,891	\$15,031	100.0

Figure 5 - Routine Maintenance vs. Resurfacing Cost



Figure 3 - Distribution of Maintenance Needs by Primary Repair Type
Percentage of Total Miles
Total Miles: 86.35

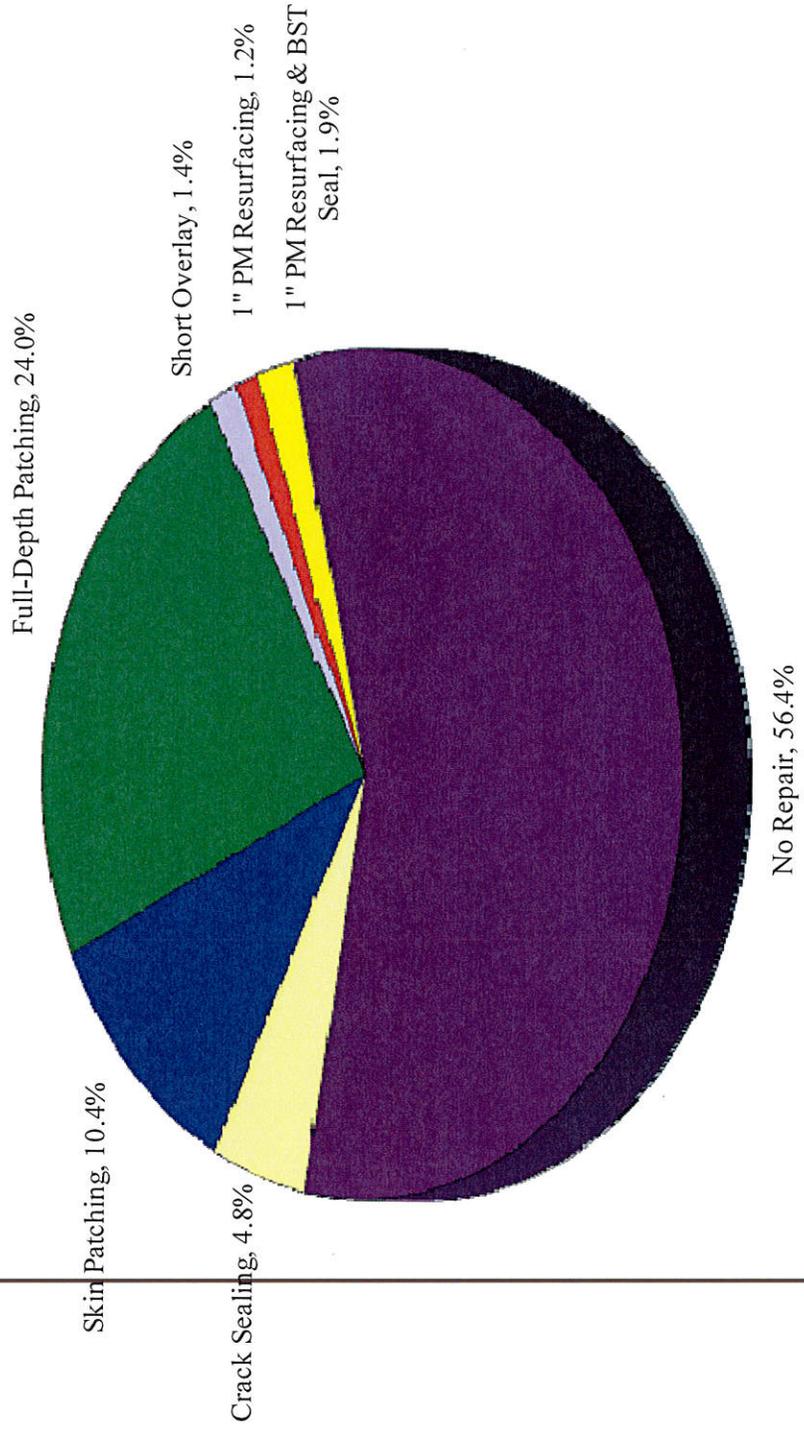
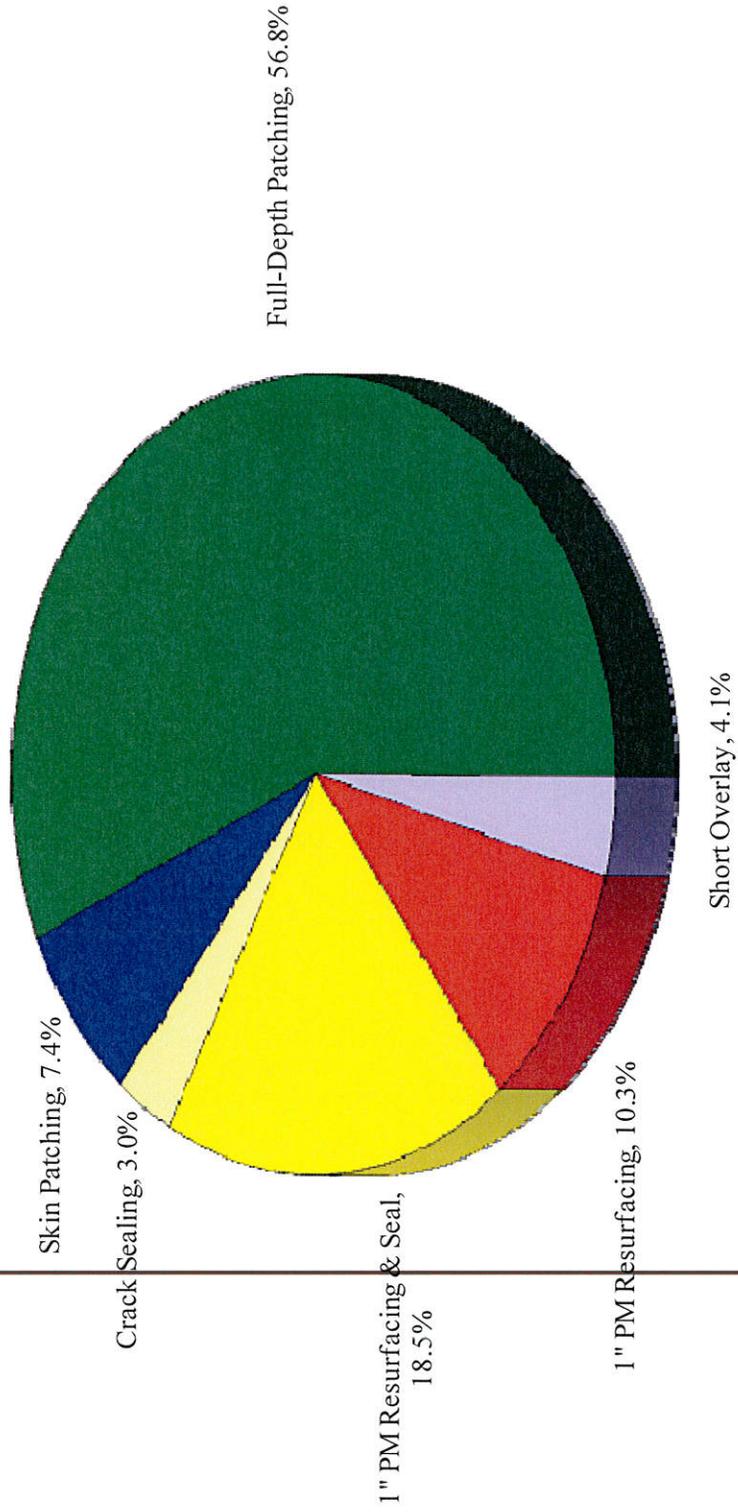


Figure 4 - Distribution of Maintenance Costs by Primary Repair Type
Percentage of Total Cost
Total Cost: \$1,297,891



Recommendations

USI recommends that Waynesville should continue to dedicate its maintenance funding towards preventative maintenance practices and structural repair

- This practice will reduce the maintenance cost per mile in future years

15 year paving cycle

- 5.7 miles per year (current needs of 2.6 miles)
- \$ 811,583 per year (*at today's prices*)

In Closing



- Asphalt Deteriorates
- Awareness is Key
- Pavement Preservation
- Protect one of the Town's Largest Assets
 - Return on Investment

Questions



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Greensboro, NC 27401
Phone: (336) 272-3402
Email: fersnerj@usi-eng.com
www.usi-eng.com



TOWN OF WAYNESVILLE BOARD OF ALDERMEN
REQUEST FOR BOARD ACTION
Meeting Date: October 13, 2015

SUBJECT: Award Formal Bid FBR 105 -16 for Fitness Equipment Recreation Department

AGENDA INFORMATION:

Agenda Location: New Business
Item Number: 4-B
Department: Purchasing Division
Contact: Lisa Burnett, Purchasing Supervisor
Julie Grasty, Asset Services Manager
Presenter: Lisa Burnett, Purchasing Supervisor

BRIEF SUMMARY: The adopted FY 15– 16 annual budget included the purchase of new Fitness Equipment for the Recreation Center. On, August 25, 2015 a Request for Proposal was distributed and bids were opened on Tuesday, September 22, 2014 at 2:00 p.m. Only two bids were received and evaluated. Upon review of the bids the apparent low bidder is Wellness Solutions of Gastonia, North Carolina in the amount of \$ 134,638.27.

MOTION FOR CONSIDERATION: *To award the bid for the purchase of Recreation Equipment in the amount of \$ 134,638.27 to the lowest, responsible, responsive bidder, Wellness Solutions of Gastonia.*

FUNDING SOURCE/IMPACT: The FY15-16 adopted budget includes an allocation of \$135,000 in the Recreation Department for the purchase of the equipment from General Fund.

ATTACHMENTS:

- Bid Tabulation
- Cut sheets from online Equipment Catalogue

MANAGER'S COMMENTS AND RECOMMENDATIONS: Approve as presented.

To view examples of equipment being purchased see the following websites:

Technogym:

<http://www.technogym.com/us/products/professional-usage/products-for-professional-usage/16817>

Dynamic Fitness:

<http://mydynamicfitness.com/product-category/benches-glute-hams/>

Town of Waynesville
 FBR 105 - 16 Fitness Equipment Recreation Department
 September 22, 2015, 2:00 PM

Item #	Description	COMM-FIT LP			Wellness Solutions		
		QTY	Unit Cost	Extended Cost	QTY	Unit Cost	Extended Cost
1	Dynamic Fitness Edge Series Adj. Bench Model # 509062	1	\$ -	\$ -	1	\$ 614.29	\$ 614.29
2	Dynamic Fitness Accell Series Adj. Incline @ 109060	2	\$ -	\$ -	2	\$ 456.25	\$ 912.50
3	Dynamic Fitness Titan Half Rack with J-cups #400012	1	\$ -	\$ -	1	\$ 998.75	\$ 998.75
4	Dynamic Fitness 2-Tier Dumbbell Rack #509080	2	\$ -	\$ -	2	\$ 699.48	\$ 1,398.96
5	Dynamic Fitness Titan Attach. Landmine #DYN409010	1	\$ -	\$ -	1	\$ 102.00	\$ 102.00
6	Dynamic Fitness Titan Attach. Dip #DYN409009	1	\$ -	\$ -	1	\$ 201.67	\$ 201.67
7	The Original Texas Power Bar Competition	2	\$ -	\$ -	2	\$ 192.00	\$ 384.00
8	Technogym Dual Adjustable Pulley #MB438040	1	\$ 7,090.00	\$ 7,090.00	1	\$ 5,317.50	\$ 5,317.50
9	Technogym Smith Machine Select Multi Power #MB83NNO	1	\$ 3,995.00	\$ 3,995.00	1	\$ 2,996.25	\$ 2,996.25
10	Technogym Selection Leg Press #M951	1	\$ 6,895.00	\$ 6,895.00	1	\$ 4,496.25	\$ 4,496.25
11	Technogym Selection Abductor #M918	1	\$ 4,495.00	\$ 4,495.00	1	\$ 3,371.25	\$ 3,371.25
12	Technogym Selection Adductor #M917	1	\$ 4,495.00	\$ 4,495.00	1	\$ 2,621.75	\$ 2,621.75
13	Technogym Selection Leg Curl #M990	1	\$ 4,495.00	\$ 4,495.00	1	\$ 2,696.25	\$ 2,696.25
14	Technogym Selection Chest Press #M970	1	\$ 4,595.00	\$ 4,595.00	1	\$ 2,771.25	\$ 2,771.25
15	Technogym Selection Leg Extension #M991	1	\$ 4,495.00	\$ 4,495.00	1	\$ 2,546.25	\$ 2,546.25
16	Technogym Selection Low Row #M980	1	\$ 4,495.00	\$ 4,495.00	1	\$ 2,696.25	\$ 2,696.25
17	Technogym Selection Vertical Traction #M971	1	\$ 4,595.00	\$ 4,595.00	1	\$ 2,771.25	\$ 2,771.25
18	Technogym Selection Arm Curl #M992	1	\$ 4,495.00	\$ 4,495.00	1	\$ 2,696.25	\$ 2,696.25
19	Technogym Selection Lower Back #M958	1	\$ 4,495.00	\$ 4,495.00	1	\$ 3,371.25	\$ 3,371.25
20	Technogym Selection Delts #993	1	\$ 4,495.00	\$ 4,495.00	1	\$ 3,371.25	\$ 3,371.25
21	Technogym Kinesis Press #MH200E	1	\$ 5,690.00	\$ 5,690.00	1	\$ 4,163.41	\$ 4,163.41
22	Technogym Kinesis Overhead Press #MH150E	1	\$ 5,690.00	\$ 5,690.00	1	\$ 4,163.41	\$ 4,163.41
23	Technogym Kinesis Low Pull #MH950E	1	\$ 5,690.00	\$ 5,690.00	1	\$ 4,163.41	\$ 4,163.41
24	Technogym Kinesis High Pull #MH300E	1	\$ 5,690.00	\$ 5,690.00	1	\$ 4,163.41	\$ 4,163.41
25	Technogym Kinesis Core #MH650E	1	\$ 5,690.00	\$ 5,690.00	1	\$ 4,163.41	\$ 4,163.41
26	Technogym Step/Squat #MH670E	1	\$ 6,690.00	\$ 6,690.00	1	\$ 4,895.12	\$ 4,895.12
27	Technogym Pure Strength Leg Press #MG5000	1	\$ 3,945.00	\$ 3,945.00	1	\$ 2,958.75	\$ 2,958.75
28	Technogym Pure Strength Standing Leg Cuel #MG7000	1	\$ 3,145.00	\$ 3,145.00	1	\$ 2,358.75	\$ 2,358.75

FBR 105 - 16 Fitness Equipment Recreation Department

Item #	Description	COMM-FIT LP			Wellness Solutions		
		QTY	Unit Cost	Extended Cost	QTY	Unit Cost	Extended Cost
29	Technogym Pure Strength Leg Extension #MG6500	1	\$ 3,145.00	\$ 3,145.00	1	\$ 2,358.75	\$ 2,358.75
30	Technogym Pure Strength Calf #MG4500	1	\$ 3,145.00	\$ 3,145.00	1	\$ 2,358.75	\$ 2,358.75
31	Technogym Pure Strength Chest Press #MG0500	1	\$ 3,145.00	\$ 3,145.00	1	\$ 2,358.75	\$ 2,358.75
32	Technogym Pure Strength Wide Chest Press #MG1000	1	\$ 3,145.00	\$ 3,145.00	1	\$ 2,358.75	\$ 2,358.75
33	Technogym Pure Strength Pull Down #MG2000	1	\$ 3,145.00	\$ 3,145.00	1	\$ 2,358.75	\$ 2,358.75
34	Technogym Pure Strength Low Row #MG2500	1	\$ 3,145.00	\$ 3,145.00	1	\$ 2,358.75	\$ 2,358.75
35	Technogym Pure Strength Row #MG3000	1	\$ 3,145.00	\$ 3,145.00	1	\$ 2,358.75	\$ 2,358.75
36	Technogym Pure Strength Incline Chest #MG1500	1	\$ 3,145.00	\$ 3,145.00	1	\$ 2,358.75	\$ 2,358.75
37	Technogym Pure Strength Shoulder Press #MG3500	1	\$ 3,345.00	\$ 3,345.00	1	\$ 2,508.75	\$ 2,508.75
38	Technogym Pure Strength Biceps #MG6000	1	\$ 3,145.00	\$ 3,145.00	1	\$ 2,358.75	\$ 2,358.75
39	Technogym Pure Strength Triceps Seated Dip #MG5500	1	\$ 3,145.00	\$ 3,145.00	1	\$ 2,358.75	\$ 2,358.75
40	Technogym Flexability Posterior #ME10	1	\$ 3,395.00	\$ 3,395.00	1	\$ 2,716.00	\$ 2,716.00
41	Technogym Flexability Anterior #ME05	1	\$ 2,295.00	\$ 2,295.00	1	\$ 1,836.00	\$ 1,836.00
42	Technogym Excite Top 700 (without seat) #DA773LN	1	\$ 4,395.00	\$ 4,395.00	1	\$ 2,995.00	\$ 2,995.00
43	Technogym Excite Ergo Seat for Top 700 #A0000368	1	\$ 520.00	\$ 520.00	1	\$ 456.00	\$ 456.00
44	Technogym Excite True Fitness Stretch 800 Pro #TRU-800SSP	1	\$ -	\$ -	1	\$ 2,499.00	\$ 2,499.00
45	Troy Dumbbells Urethane 12 sided Set of 5-50 lbs.	1	\$ -	\$ -	1	\$ 2,416.78	\$ 2,416.78
46	Troy Dumbbells Urethane 12 sided Set of 55-75 lbs.	1	\$ -	\$ -	1	\$ 1,988.49	\$ 1,988.49
47	Troy Dumbbells Urethane 12 sided Set of 80-100 lbs.	1	\$ -	\$ -	1	\$ 2,752.29	\$ 2,752.29
48	Troy Dumbbells Urethane 12 sided Pair of 110 lbs.	2	\$ -	\$ -	2	\$ 340.18	\$ 680.36
49	Troy Weight Plates 2 Inch Rubber Encased 45 lb. Plate	48	\$ -	\$ -	48	\$ 65.40	\$ 3,139.20
50	Troy Weight Plates 2 inch Rubber Encased 25 lb. Plate	30	\$ -	\$ -	30	\$ 36.33	\$ 1,089.90
51	Troy Weight Plates 2 inch Rubber Encased 10 lb. Plate	24	\$ -	\$ -	24	\$ 14.53	\$ 348.72
52	Troy Weight Plates 2 in Rubber Encased 5 lb. Plate (no grip)	12	\$ -	\$ -	12	\$ 7.27	\$ 87.24
53	Troy Weight Plates 2 in Rubber Encased 2.5 lb. Plate (no grip)	6	\$ -	\$ -	6	\$ 2.91	\$ 17.46
54	Troy Kettlebell Black Cast 50 lbs. #TRY-KB-050	1	\$ -	\$ -	1	\$ 92.00	\$ 92.00
55	Troy Kettlebell Black Cast 45 lbs. #TRY-KB-045	1	\$ -	\$ -	1	\$ 82.80	\$ 82.80
56	Troy Kettlebell Black Cast 40 lbs. #TRY-KB-040	1	\$ -	\$ -	1	\$ 73.60	\$ 73.60

FBR 105 - 16 Fitness Equipment Recreation Department

Item #	Description	COMM-FIT LP			Wellness Solutions		
		QTY	Unit Cost	Extended Cost	QTY	Unit Cost	Extended Cost
57	Troy Kettlebell Black Cast 35 lbs. #TRY-KB-035	1	\$ -	\$ -	1	\$ 64.40	\$ 64.40
58	Troy Kettlebell Black Cast 30 lbs. #TRY-KB-030	1	\$ -	\$ -	1	\$ 55.20	\$ 55.20
59	Troy Kettlebell Black Cast 25 lbs. #TRY-KB-025	2	\$ -	\$ -	2	\$ 46.00	\$ 92.00
60	Troy Kettlebell Black Cast 20 lbs. #TRY-KB-020	2	\$ -	\$ -	2	\$ 36.80	\$ 73.60
Total				\$ 150,760.00			\$ 127,017.13
Freight				\$ 12,060.80			\$ 7,621.14
Installation and Delivery				\$ 4,375.00			\$ -
Total Cost				\$ 167,195.80			\$ 134,638.27

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- ▶ Ellipticals & Cross Trainers
- ▶ Steppers
- ▶ Upper body equipment

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All lines



Selection

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Pure Strength

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Element +

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Kinesis[®] Stations



Photo Gallery

Offer your customers a more intuitive and varied workout. Help them to approach the world of personal training and functional movement with Kinesis[®] Stations.

Six stations focused on the same number of primary movements which allow for all-around functional workouts: the Kinesis[®] Stations form a new category of equipment with cables.

Incorporating FullGravity Technology, a technology that permits three-dimensional movements through space, the line is the answer to the needs of those who want functional training.

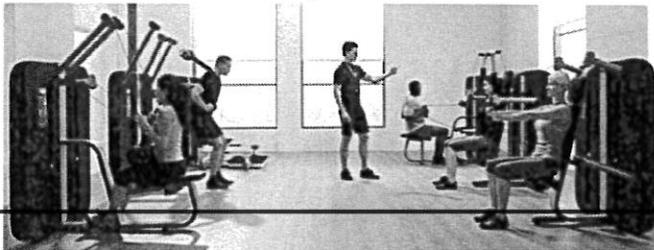
Free movements, no adjustment and double weight stack: because of these characteristics, this line provides a combination of strength training and functional training and is the right tool for encouraging your customers to utilize your Personal Training service.

Attract new customers and increase the loyalty of your current members with this innovative offer.

Contact us to receive a quote.



Why choose Kinesis[®] Stations for your business?



To maintain your customers' motivation and attract new members

Kinesis[®] Stations interpret the need of a growing number of people who want to work out in a natural and varied way, with the certainty of obtaining benefits that are applicable to their everyday movements. If you choose to satisfy these needs, you can:

Keep your regular customers' motivation high by offering them a new kind of workout, made up of numerous, progressively challenging exercises which they can perform by themselves or with the guidance of a personal trainer

Attract new customers, including less experienced individuals, by offering them equipment that is easy to use and which combines the benefits of functional strength with the simplicity of natural and intuitive movements

To make the most of your Personal Training service

The people who are able to appreciate Kinesis[®] Stations are also a potential target to whom you can offer your Personal Training service.

Since they can be positioned in your fitness facility between the strength and functional training areas, Kinesis[®] Stations form an ideal point of contact between your members and the Personal Trainers.



Your e-mail



To develop a Personal Training service

If you do not yet provide this service, Kinesis® Stations offers you an excellent opportunity to maximize your Personal Training services in your fitness facility for individual and group training.

What is the line like?

Kinesis® Stations comprises six different products – Press, Overhead Press, Low Pull, High Pull, Core and Step/Squat - which work on the body's primary movements.

With an elegant design and made from innovative materials, the stations are available with padding in a choice of six different colors so that you can coordinate them perfectly with the decor of your fitness facility, while still maintaining the style of the best Italian design.

Because of their limited size, individual stations can be lined up or placed back to back in island layouts that are ideal even for small spaces.

The line is also available in the EEC 42/93 certified version for use in the rehabilitation field.



Maximum freedom of movement

Using Full Gravity™ Technology, each station permits users to perform movements on three spatial planes (sagittal, frontal, transversal) and activate all of the body's kinetic chains.

The patented 360° rotating pulley system of cables allows users to perform all movements with no interference to their forearms from the cables, unlike all other traditional machines.

Intuitive movements

In order to make movements correct and natural, the handgrips of each station have a set positioning in space, thereby making the movements your customer may perform more intuitive, natural and safe.

Easy and immediate use

The customer can immediately start exercising because the ergonomic handgrip is always ready to use and needs no prior settings or adjustments. All they need to do is grasp it because as they pull it, it adapts to their height.

Greater effectiveness

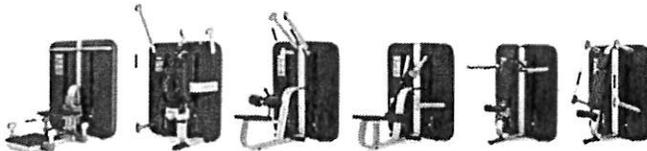
Separate control of the weight stack means that workouts are more effective because even alternate or reciprocal movements are performed with a constant workload.



How to purchase the line

If you think that Kinesis® Stations are suited to your needs and you just want to find out more about them, [contact us](#).

Instead, if you need to create a broader project, [write to us](#) to make an appointment with one of our agents who, after examining your needs, will prepare a quotation suited to you.



You can purchase the equipment with easy terms. Each machine is guaranteed for two years from the date of delivery, with the exception of parts subject to wear (for example, cables, padding, rubber and plastic parts).

You can purchase the whole line or individual stations, thus finding the best solution for your space needs. Moreover, when you purchase Kinesis® Stations, you can make use of various promotion and training tools. [Discover more](#).

Watch the Kinesis® Stations video:

Click [here](#) to watch the famous trainer JC Santana demonstrating the potential of Kinesis® Stations.

Products in the Kinesis Stations range

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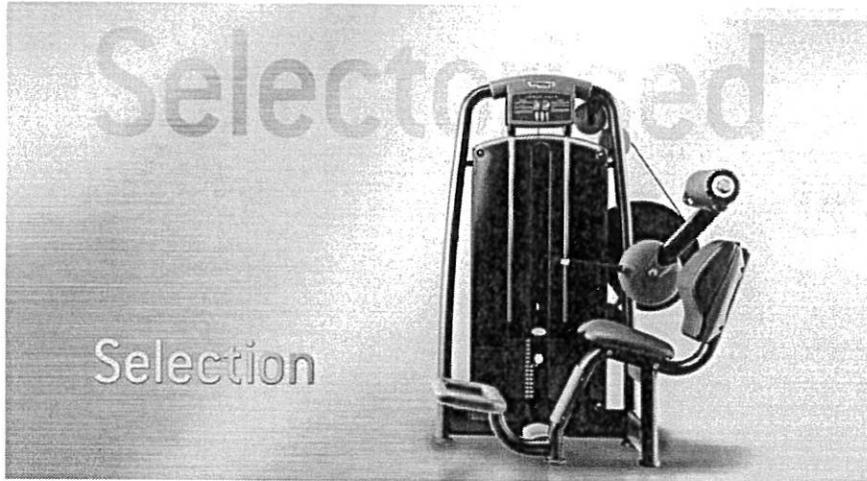


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Distinguished by stylish design and comfort, Selection gives the best combination of easy use and effective training offered by existing selectorised equipment. Designed both for beginners and for expert users, this line guarantees exceptionally comfortable exercising. The ergonomic seat and backrest, as well as the double handgrip option, make SELECTION equipment perfect for all users. And with more than 30 models in the line, each customer can train the muscles most suited to achieving their goal.

Characteristics of the line

Easy to use



Visual Set up

Levers, buttons and pins are coloured yellow and extremely visible, and even the least expert user can therefore easily find them and adjust and set them correctly, without the help of a trainer.

Ergoadjustment

Only limited adjustments are needed and these are easy to reach from the exercise position. Moreover, where possible, the adjustment controls are located in the same position on all the equipment in the line. The easy-start device permits a comfortable start position, as well as full control of the movement.



Smart Pin

This optional function is integrated into the upper part of the weight stack and permits users to select an extra workload of 2.5 kg. In this way, users can gradually increase the workload.

Isocontrol

A simple visual feedback interface for strength training.

- It displays the workloads to be applied, the sets and repetitions to be performed;
- It displays the equipment settings;
- It helps users to keep to the ROM (correct range of motion), exercise speed and recovery period;
- All the exercises performed are recorded on the Technogym key and stored in the Cloud. The weight lifted must be manually set;
- It shows users the next exercise;
- It carries out tests only with the Technogym key.



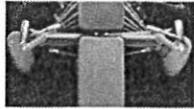
Biomechanics



BioMotion™

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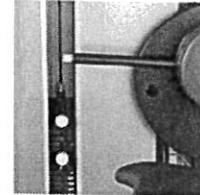
This concept, developed by the Technogym R&D Centre, is based on in-depth research into the functional anatomy of individual muscles and their behaviour during composite movements. Application of this research to our isometric equipment has resulted in a design that reproduces the body's



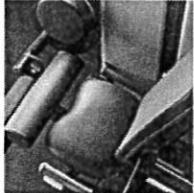
physiological trajectories in a given range of motion. Resistance remains constant throughout the whole range of motion providing an extremely smooth sensation.

Physiocam

It permits delivery of variable resistance according to the intensity curve specific to the group of muscles that are trained; at the same time, users perceive a constant resistance during the whole exercise. The Cam design permits a low initial workload, in line with the intensity curve trend: muscles are in fact weaker at the beginning and end of the exercise, while they are strongest in the central part. This characteristic is ideal for all users, in particular for those who are out of shape or undergoing rehabilitation.



Comfort



Bioseat

The ergonomic seat and backrest divided into two parts have an anatomical shape to support users' spines and help them to sit in the correct position during exercises. Cushions with different padding densities have been used to better adapt to the shape of the user's body, providing a soft or rigid support as needed. The wide and comfortable shape is suitable for stouter users too, while the limited height facilitates access even by shorter users.

Hygienic Comfort

The Towel Locking Device offers a simple method for fixing a towel into position on the equipment, thus avoiding direct contact with the upholstery and keeping it clean and dry for the next user.



Select your style

SELECTION is available in fifteen different colour combinations and finishes to help you create a welcoming and personalised environment where your members are made to feel at ease.

Products in the Selection range



› Vertical Traction

Line: [Selection](#)
Equipment: [Core exercise equipment](#)

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› Upper Back

Line: [Selection](#)
Equipment: [Upper body equipment](#)

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› Total Abdominal

Line: [Selection](#)
Equipment: [Core exercise equipment](#)

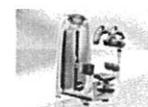
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› Shoulder Press

Line: [Selection](#)
Equipment: [Upper body equipment](#)

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› Rotary Torso

Line: [Selection](#)
Equipment: [Core exercise equipment](#)

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› Rotary Calf

Line: [Selection](#)
Equipment: [Lower body strength equipment](#)

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Attract new customers with our unique line of Pure Strength plate-loaded strength training equipment.

With nine separate pieces of equipment, the Pure Strength line helps users achieve their advanced weight-training objectives.

Performance-focused designs ensure each piece of equipment creates a challenging experience for your members, with the freedom and feel of free weights.

At the same time, our commitment to quality and ergonomic principles ensures a level of safety that free weights alone can never deliver.



Performance + Ergonomics + Biomechanics

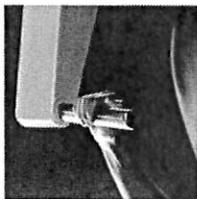
The objective of Pure Strength is to replicate the feeling of using free weights, while optimizing the performance of each routine through the ergonomic and biomechanical design of the equipment.

The application of advanced biomechanics guarantees that our equipment respects the physiological movement of the body without the stress or trauma that using free weights may cause.

Pure Strength attracts a new and growing market of customers

A growing number of people are looking for the strength-building potential of weight training, but with the level of structure and safety that only Pure Strength provides.

Unique Features of Pure Strength



Pure Grip

Thanks to the ergonomic design, the push and pull movements become more effective and comfortable due to distributing load more evenly. The surface provides a grained texture to increase grip and prevent lateral slipping. The markings indicate correct hand position and the special aluminum, copper and silicon alloy ensures maximum durability.

Body Print System

The special high-density upholstery filling adapts to the shape of the body, providing a stabilizing effect and maximum comfort during exercise.



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news, promotions

Visual Flags

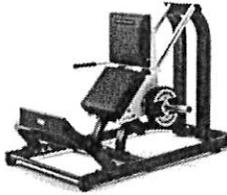
Yellow flags show the correct position of body on the equipment to make adjustments easier and training more effective.



Seat Adjustment

Because our machines are built around your body, once you've found the seat adjustment best suited to you, this will be the same for all Pure Strength™ equipment. If you are a number 6 on the Chest Press, you'll be a 6 on all other pieces.

Unique Benefits of Pure Strength



Customer Benefits

Safety

The ergonomic design of all Pure Strength equipment results in high performance with none of the potential dangers involved in using free weights.

Performance

The application of biometric design principles maximizes the benefits of every workout.

Business Benefits

Low Maintenance

Our Pure Strength equipment is low maintenance, allowing you to maximize revenues and minimize costs.

Popularity

There is a large, un-served market of customers who want all the benefits of free weight training, without any of the perceived risks. Pure Strength addresses this market.



Products in the Pure Strength range



Flat Bench

Line: [Pure Strength](#)
Equipment: [Gym benches](#)

[View details](#)



Weight storage accessories

Line: [Pure Strength](#)
Equipment: [Accessories](#)

[View details](#)



Holder Set

Line: [Pure Strength](#)
Equipment: [Accessories](#)

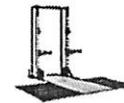
[View details](#)



Technique Boxes

Line: [Pure Strength](#)
Equipment: [Accessories](#)

[View details](#)



Olympic Half Rack Platform

Line: [Pure Strength](#)
Equipment: [Racks and platforms](#)

[View details](#)



Olympic Power Rack Platform

Line: [Pure Strength](#)
Equipment: [Racks and platforms](#)

[View details](#)

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109060-Multi Bench



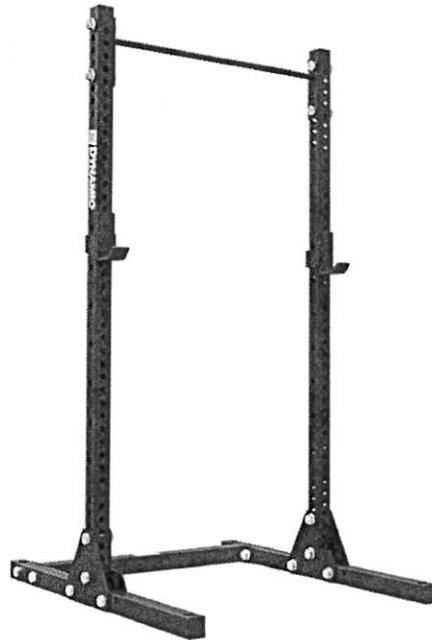
MULTI ADJUSTABLE LADDER BENCH

SKU: 109060. Tag: featured.



Needed to make any weight room complete; our Accell Multi-Adjustable Bench is always a top seller as a transportable product for weight racks and dumbbell areas. Our attention to detail makes our multi-adjustable the right choice.





TITAN HALF RACK

SKU: 400002.



Our Titan Half Rack offers all the features of an Olympic station with the ability to add storage and connect additional units as a facility expands and evolves. Training stations come standard with many features plus a wide variety of attachments to fulfill every site and station need.

**TOWN OF WAYNESVILLE BOARD OF ALDERMEN
REQUEST FOR BOARD ACTION
Meeting Date: October 13, 2015**

SUBJECT: Special Events – Request for Temporary Sidewalk and Street Closures

AGENDA INFORMATION:

Agenda Location: New Business
Item Number: 5a, 5b and 5c
Department: Administrative Services
Contact: Amie Owens, Town Clerk
Presenter: Marcy Onieal, Town Manager
a. Jill Province, Zumba Class, HRMC Fitness Center
b. Angie Schwab, Folkmoot

BRIEF SUMMARY:

- a. A request was received from Jill Province, member of the Zumba Fitness Class at HRMC/Duke Lifepoint Fitness Center for a sidewalk/intersection closure on Saturday, October 31, 2015 for a brief Halloween-themed performance dance (Thriller/Monster Mash) in the area in front of Old Tyme Music art piece at North Main and Miller between 5:00 p.m. and 7:00 p.m. This will take place during Downtown Waynesville's already scheduled Treats on the Street event. Audience participation is encouraged.
- b. A request was received from Angie Schwab, Executive Director of Folkmoot for the Spookmoot Fundraiser on Sunday, November 1, 2015 for the closure of Miller Street from Main to Haywood, including the Miller Street Parking Lot for a Pumpkin Smashing via catapult from 11:00 a.m. to 5:00 p.m.
- c. A request was received from the Martin Luther King Jr. Committee of Haywood County for the annual MLK Jr. Memorial Prayer Walk on Saturday, January 16, 2016 beginning at 11:00 a.m. This will be a rolling street closure. The route is from the Justice Center down Main Street to the Pigeon Community Center on Pigeon Street. The participation in 2015 was approximately 75 individuals with an estimated 100 individuals expected for the 2016 walk.

MOTION: *To approve the sidewalk and street closures, as presented (make take motions separately or as a single motion).*

FUNDING SOURCE/IMPACT: There are few direct costs to the Town associated with street closings and special events, other than labor costs. In-kind contributions include use and storage of equipment and staff support for traffic control, event security, deployment and use of equipment, clean-up before, during and after events and emergency response.

ATTACHMENTS:

Spookmoot Halloween Flyer
Email from Jill Province re: Thriller Dance

MANAGER'S COMMENTS AND RECOMMENDATIONS:

Item 5c is an annually recurring event, and manager recommends approval as presented.

Items 5a and 5b are new requests to the Town, and should be considered in context of their impact on businesses and pre-scheduled activities in the MSD and surrounding blocks. Both applicants contacted Downtown Waynesville Association to coordinate the scheduling and details regarding these requests prior to contacting the Town, but at the time of agenda preparation, the Town had received no comment or formal recommendation from DWA regarding either one.

Manager recommends approval of item 5a as presented.

With regard to item 5b, the Folkmoot Pumpkin Catapult, the Town always wishes to encourage new and innovative activities that promote the Town and the many wonderful organizations and interests that make Waynesville unique and such a great place in which to live, work and visit. We believe Spookmoot Halloween and the Pumpkin Toss to be just such a festive opportunity, and the entire weekend has a number of significant co-sponsors including TDA, Western Carolina, DWA, Haywood Regional Medical Center, Beverly-Hanks and The Mountaineer.

I would simply note, however, that we have not been provided specs on the catapults being used and at this time do not know how far, high and with what force the pumpkins will be tossed. We do need to be cognizant of the potential for injury/liability in a dense urban setting that would not generally be present in a more open field-type setting. If approved, it would be the intent to confine the range of toss to within the bounds of the parking lot itself and to require applicant to provide visual barriers and crowd control to limit liability associated with the potential for accidental injury.

Additionally, it is important to note that the Town is being asked to completely close a 60+ space public parking lot in the downtown area on a weekend afternoon during leaf season, which will require an overnight closure, placarding, and potential towing of vehicles, to ensure there are no cars in the lot on Sunday from 11AM to 5 PM. The Miller Street Lot is routinely used on Sundays in the 11 am – 2 pm timeframe by parishioners of Grace Episcopal Church and by the patrons of downtown businesses, particularly those visiting nearby restaurants (Sweet Onion, Bocellis, Pub 318). It is also the site of the public restrooms downtown.

The Board will note that this event has already been advertised by Folkmoot as taking place at Main & Miller. While this certainly does not obligate the Board to grant permission for the event to take place, Town staff is committed to working directly with Folkmoot to ensure the success of the event and safety of volunteers and citizens participating at this site should the board choose to approve the request as presented.



FOLKMOT USA
MANY CULTURES • ONE COMMUNITY

The Mountaineer
Present

Spookmoot Halloween

FRI.
OCT. 30
5:30pm-10:30pm

SPOOKMOT KIDS CARNIVAL
\$5 Kids & Adults (2 and under free)
Folk moot Friendship Center

SAT.
OCT. 31
8:00pm-12:00am

HALLOWEEN FLING & COSTUME PARTY
\$50 Per Person (18+ Event)
Folk moot Friendship Center

SUN.
NOV. 1
1:00pm-4:00pm

PUMPKIN CATAPULTS WITH CATAMOUNTS
Toss your Pumpkins/ \$3 Each
Waynesville Main/Miller Streets



Haunted Hall • Costume Contest • Photo Booth
Carnival Games • Classic Films • Fun Foods
Beer & Wine

FOLKMOT FRIENDSHIP CENTER / 112 Virginia Avenue, Waynesville
folk moot usa.org * 828-452-2997

